

FEBRUARY 2020

OUTSTANDING OBLIQUES + ABS	BOOTY BURN BONANZA	LOVELY LEG DAY	ULTIMATE UPPER BOD	TOTAL BODY BABE	REST & RECOVERY	FEEL THE FAT BURN
						1. <input type="checkbox"/> Fat Burn Machine
2. 🐷 GROUNDHOG DAY! 🏈 SUPERBOWL <input type="checkbox"/> Beautiful Abs <input type="checkbox"/> Senorita Abs <input type="checkbox"/> Waist Shaping Workout <input type="checkbox"/> ABC Abs 2.0	3. <input type="checkbox"/> NEW! 12 Min to Toned Abs 📺 <input type="checkbox"/> Bad Guy Booty <input type="checkbox"/> Natural Glute Enhancing Isolate WO <input type="checkbox"/> Hip Filler & Side Butt Shaping WO <input type="checkbox"/> 7 Minute Booty Burn	4. <input type="checkbox"/> Tippy Toes Leg Slimming WO <input type="checkbox"/> Thigh Sculpting WO <input type="checkbox"/> Inner Thigh Isolate WO <input type="checkbox"/> 7 Minutes to Fabulous Arms	5. <input type="checkbox"/> Killer Back Toning Workout <input type="checkbox"/> Weightless Arm Isolate WO <input type="checkbox"/> 5 Chest Isolation Exercises <input type="checkbox"/> 5 Minute Toned Arms	6. <input type="checkbox"/> Beautiful Body Pilates <input type="checkbox"/> Silent Death Fat Melting Cardio <input type="checkbox"/> Gigi Hadid's No Equipment WO <input type="checkbox"/> Super Shaper WO	7. <input type="checkbox"/> Relaxing Stretches for Better Sleep <input type="checkbox"/> 10 Perfect Morning Stretches	8. <input type="checkbox"/> Fat Melter & Ab Trainer
9. 🏆 OSCAR'S NIGHT <input type="checkbox"/> Abdominal Etcher & Butt Enhancer	10. <input type="checkbox"/> NEW! 12 Min to Toned Total Body 📺 <input type="checkbox"/> Peach Booty & Thigh Shaper	11. <input type="checkbox"/> Snatched Waist & Shapely Thighs	12. <input type="checkbox"/> Toned Tank Top Arms & Back	13. <input type="checkbox"/> Lean, Long & Lifted From Head to Toe	14. 💕 VALENTINE'S DAY! <input type="checkbox"/> Feel Good Stretches	15. <input type="checkbox"/> Quick Cardio Warm Up <input type="checkbox"/> I let fans choose my workout <input type="checkbox"/> Flat Belly Fat Burner <input type="checkbox"/> Fat Destroyer
16. <input type="checkbox"/> Lower Belly Pilates WO <input type="checkbox"/> Abdominal Isolate Workout <input type="checkbox"/> 5 Lower Ab Isolation Exercises <input type="checkbox"/> 5 Best Exercises to Flatten Your Belly	17. 👤 PRESIDENT'S DAY <input type="checkbox"/> NEW! 12 Min to Burn Fat Fast 📺 <input type="checkbox"/> Upper Butt Lifting WO <input type="checkbox"/> 7 Minute Hip WO <input type="checkbox"/> 5 Underbutt Isolation Exercises <input type="checkbox"/> Bridal Booty Lift	18. <input type="checkbox"/> 5 Inner Thigh Isolations <input type="checkbox"/> Kylie Jenner's Actual Hips & Waist Routine <input type="checkbox"/> Perfect Legs Workout	19. <input type="checkbox"/> 5 Tricep Isolation Exercises <input type="checkbox"/> 5 Weightless Shoulder Isolation Exercises <input type="checkbox"/> How to get Great Arms <input type="checkbox"/> Arm Fat Blaster	20. <input type="checkbox"/> Knee-Friendly Fat Burn <input type="checkbox"/> Meghan Markle's WO Routine <input type="checkbox"/> Shredding for the Wedding Cardio WO	21. <input type="checkbox"/> Stretches You Need After a Stressful Day <input type="checkbox"/> Stretching for Flexibility	22. <input type="checkbox"/> Apt Friendly Warmup <input type="checkbox"/> Silent Death Cardio <input type="checkbox"/> Flat Stomach Fat Melter! <input type="checkbox"/> 5 Minute Fat Burner
23. <input type="checkbox"/> Pyramid Ab Workout <input type="checkbox"/> Britney Spears Hard Abs Workout <input type="checkbox"/> 5 Ways to Trim Your Waist	24. <input type="checkbox"/> NEW! 12 Min to Toned Booty 📺 <input type="checkbox"/> Kim K's Actual Butt Routine <input type="checkbox"/> Insane BUTT Blaster <input type="checkbox"/> 6 Min to a Sexy Booty	25. <input type="checkbox"/> Inner & Outer Thigh Pyramid <input type="checkbox"/> Insane Butt & Thighs WO <input type="checkbox"/> Shape of your Thighs WO <input type="checkbox"/> 6 Min to Sexy Thighs	26. <input type="checkbox"/> Backless Bride WO <input type="checkbox"/> Insane Weightless Arms WO <input type="checkbox"/> 6 Min to Sexy Arms <input type="checkbox"/> Quick Burn Arms <input type="checkbox"/> Toned & Defined Arms WO	27. <input type="checkbox"/> How to get Beyonce's Body <input type="checkbox"/> Total Body Tone Fest <input type="checkbox"/> Ultimate Hot Body WO	28. <input type="checkbox"/> Stretches to get you Feeling Flexible <input type="checkbox"/> Stretching for Leg Flexibility	29. ➕ LEAP DAY <input type="checkbox"/> Fat Burning Cardio Warmup <input type="checkbox"/> 8 Min At Home Cardio WO Fat <input type="checkbox"/> Loss Cardio Workout <input type="checkbox"/> Train Insane HIIT Workout